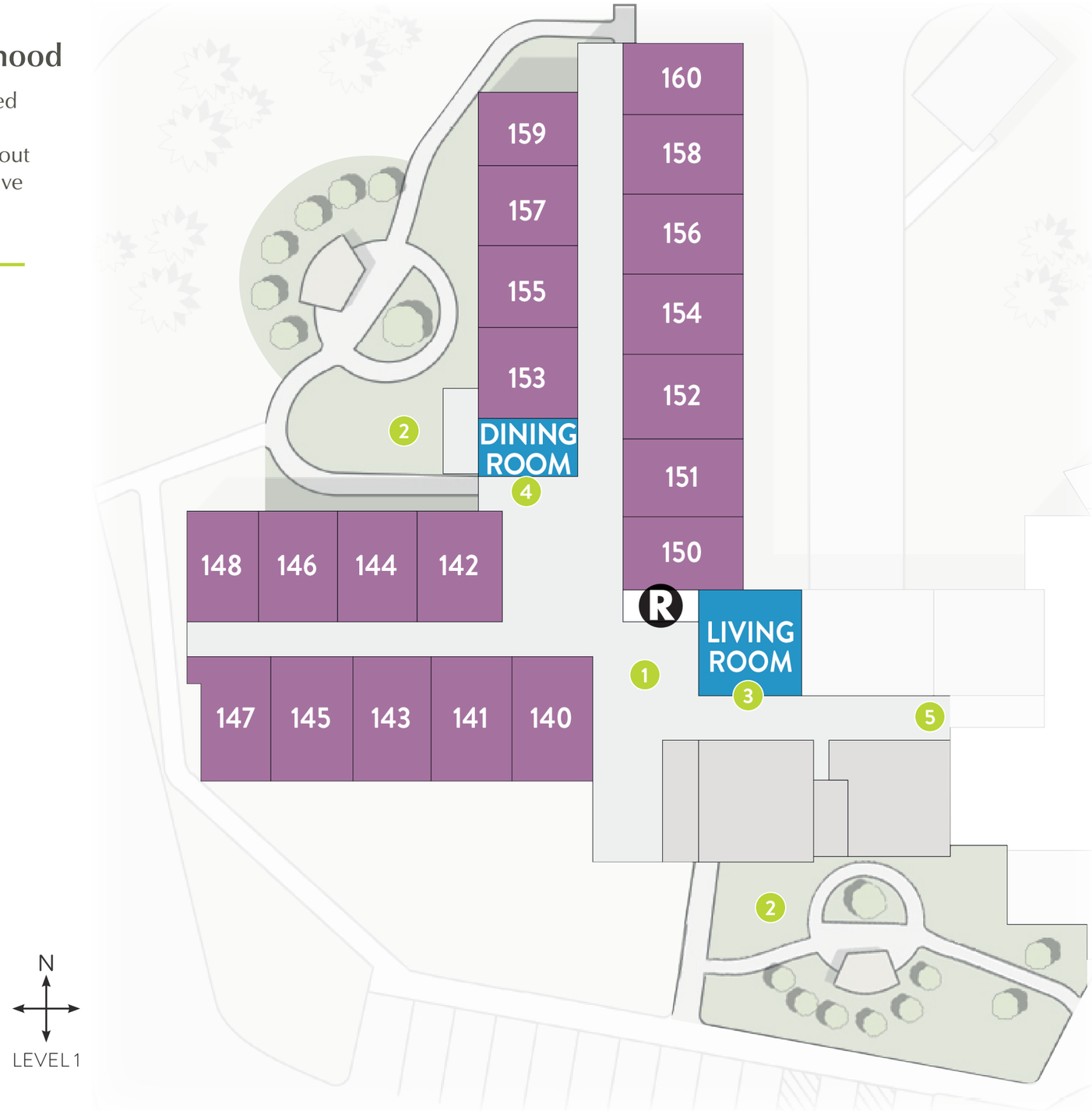
Atria Westchase
Life Guidance Neighborhood

With features and amenities designed to foster resident engagement while gently influencing behavior throughout the day, Life Guidance supports active aging for people with dementia.

- STUDIO
- COMMUNITY AMENITIES
- RESTROOMS



1 Open, compact floor plan

Large spaces can be disorienting for people with memory impairments. The intimate size of the neighborhood helps residents navigate their living space and naturally engage with neighbors while eliminating confusion.

An open floor plan offers clear sight lines for staff, which is important for resident safety. Long hallways encourage indoor exercise.

2 Secure outdoor space

Our carefully planned outdoor environment supports residents' mobility and independence by offering secure access to fresh air and sunshine. Time spent outdoors can also reduce agitation, relieve stress and improve physical fitness. Exposure to natural light helps regulate circadian rhythms, which can alleviate sleep disorders, sundowning and seasonal depression.

3 Engage Life® Center

Common spaces create an atmosphere that makes it easier to socially engage in safe, purposeful activities, both active and quiet.

4 Dining room

The communal dining space encourages social connections, while the aroma of food preparation from the adjacent kitchen stimulates appetite.

5 Secure entry and exit doors

All doors leading in and out of the neighborhood are locked and secured 24/7 to prevent wandering.