<u>We've</u> teamed up

dementia **together**

Atria Longmont is collaborating with Dementia Together to bring educational resources to our staff and families. Using their SPECAL[®] (pronounced "speckle") method, Dementia Together is supporting individuals and organizations across North America. Their research-based training offers additional strategies to our memory care staff (from caregivers to housekeeping) to help ensure and sustain well-being for residents living with cognitive impairment.

For families, Dementia Together offers virtual support groups – and we've developed a variety of in-person educational and social events at our community.

Life Guidance® Family Nights | Third Wednesday of every month at 5:30 pm

Rotating educational, appreciation and support events, often held in collaboration with guest organizations.

Memory Café | Wednesday, December 11 at 2 pm

For people with mild to moderate cognitive impairment and their care partners who want to remain socially engaged. Join us for reminiscing, games, inspiration, laughter, music – and refreshments.

Interested in attending? Reach out to Mary Weeks at 303.678.5050.

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