

A taste of our culinary offerings

Below are just a few examples of the menu options available each day at Atria.
To see the current menu, ask your Community Sales Director.

BREAKFAST

Steel Cut Oats

with walnuts, cinnamon and fresh-cut fruit

Classic Breakfast

with two eggs, bacon and toast

LUNCH

Atria House Salad

*mixed greens, cherry tomatoes, carrots, chickpeas
and walnuts with balsamic vinaigrette*

Signature Burger

*grilled all-beef patty with sliced tomato,
lettuce, cheese and sesame seed bun*

DINNER

Oven-Roasted Salmon

*jasmine rice, shaved brussels sprouts
and apple cider reduction*

Pan-Seared Beef Tenderloin

*mashed Yukon potatoes, grilled asparagus
and chimichurri sauce*

Sun-Dried Tomato Pesto Fettuccine

with side salad and garlic dinner roll

DESSERT

Warm Banana Bread Pudding

chocolate chunks and caramel sauce

Blackberry Crumble

*brown sugar and toasted almond topping,
served with vanilla ice cream*

Atria ENHANCED CARE