

Government Resources for Caregivers

Caring for your parent can be as financially demanding as it is emotionally demanding. To make things easier, we've compiled a list of government resources that can help provide support.

Just getting started?

These two websites cover a wide range of benefits and provide links to other assistance programs.

1 [Benefits.gov](#)

Use the [BenefitsCheckUp tool](#) to see if you or your parent are eligible for any federal, state and local programs.

2 [Eldercare Locator](#)

Access information on support services, insurance, transportation and more.

Here are a few other options.

You may also check local and state websites for additional programs and resources.



HEALTH PROGRAMS

- [MyHealthfinder](#)
- [Medicare](#)
- [U.S. Department of Veterans Affairs](#)



TRANSPORTATION PROGRAMS

- [Eldercare Locator](#)
- [Rides in Sight](#)
- [National Aging and Disability Transportation Center](#)



FINANCIAL SUPPORT

- [Benefit Eligibility Screening Tool \(BEST\)](#)



LEGAL ASSISTANCE

- [Administration on Aging Legal Assistance Programs](#)



VETERANS PROGRAMS

- [Veterans Affairs Caregiver Support Program](#)