

5 Signs It's Time for Your Parent to Stop Driving

1

Altered Driving Behavior

Watch for changes in how they drive, such as a recent accident or avoiding long distances and night driving.



2

Impaired Hearing or Vision

Detecting a car horn, sirens, pedestrians, traffic lights and other vehicles are all critical for safe driving.



3

Slower Reaction Time

Even mild cognitive decline can make it difficult to quickly react to sudden changes in traffic conditions.



4

Medical Conditions

Chronic disorders like arthritis and joint pain may limit mobility and restrict movement, making it more difficult to drive safely.



5

Medication Usage

Make sure you're aware of any side effects of medications, and check for warnings if your parent has had any recent prescription changes.



Identifying the signs and initiating the conversation may not be easy, but addressing any concerns ensures the safety of your parent and other motorists.